# RELA Weekly Notice

# 17 August 2023

Conservation Week/Te Wiki Tiaki Ao Tūroa



Conservation Week runs from 14-20 August. This year we are asking Aotearoa to take action for nature.

New Zealand's wildlife is still in crisis with more than 4,000 of our native animals and plants threatened or at risk. Conservation Week is a chance to bring everyone together to do something, big or small to create change.

Whether it is by picking up rubbish, donating time or money to a local community group, there is always something you can do to help our environment and the native species that make Aotearoa special.

#### SMALL STEPS TO CONSERVE NATURE

- Practice composting.
- Avoid single-use plastic.
- Use rechargeable batteries • Avoid excessive use of paper.
- Avoid wastage of food and water.
- Circulate the water used. Recycle it.
- Avoid hoarding, it leads to wastage.
- Reduce usage of tinned and canned food. • Practice 'best out of waste' and recycled crafts.
- Cut down the consumption of air conditioners.
- Turn off the fan and light when there is no one.
- Try to buy reusable and biodegradable products.
- Walk more and cycle more.



#### This week we say

#### goodbye to

Omar Algahtani

Rafdan Alqahtani

Faris Aldaij

Yo Nimi

#### Next week we welcome

From Japan

Toa Fujinawa

**From Hungary** 

**Bernadett Toth** 

From Tahiti

Marleanie Souque-Pani

From Saudi Arabia

Saleh Alhussaini

## RELA Activities



Friday 18 August Polynesian Spa 1-3pm



### Friday 25 August

The Wall 1-3pm

### **24 hour number** <u>07 349 0473.</u>

Please remember if you are sick stay at home and give us a call. If you have a problem anytime, we are here to help.

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