

# RELA Weekly Notice

## 10 August 2023

### *Omahia Te Ngahere*

**RUN THE FOREST**

Keep your body moving this winter with an active weekend away!  
Experience everything you have to love about Rotorua, including native manūka lined bush trails, lush Redwood Forest, and geothermal landscapes



Choose the event for you:  
– 7km Redwoods trail  
– 10km Geothermal traverse  
– 21km Pohutu Geyser trail



Expect on course entertainment, finish line vibes, tunes and more.

EVENT DATE: SATURDAY 12 AUGUST 8:00 am - 12:00 am

Tickets Available at <https://www.runtheforest.co.nz/>

### This week we say

#### goodbye to

Santiago Canseco  
Aoba Imanishi  
Naoki Kusumoto  
Mila Marchenay  
Camille Clerget-Gurnaud  
Kurara Hashimoto  
Victoria Porta  
Kokona Tanabe

Ata mārie

Good morning

Mōrena

Good morning

Tēnā kōrua

Hello (2)

Tēnā koutou

Hello (3+)

Kia ora

Hello

Tēnā koe

Hello (1 person)

Haere rā

Goodbye  
Said to someone leaving

E noho rā

Goodbye  
Said to someone staying

## RELA Activities

### Friday 11 August



Lake Okareka  
Walkway  
12.45-3pm



### Friday 18 August

Polynesian Spa  
1-3pm

### Wednesday 16 August

City tour walk

#### FOLLOW US:

INSTAGRAM: @relarotoruanz

FACEBOOK: RELA Rotorua English Language

